

COME  
HAVE  
*Lunch*  
*With Us*

CAYMANAS  
GOLF & C.C.



RESTAURANT

OPENING HOURS:

Mondays & Tuesdays: 8am-4pm

Wednesdays, Thursdays & Fridays: 8am-5pm

Saturdays & Sundays: 7am-6pm

We also offer take out service, call for pick up.



CAYMANAS  
GOLF & C.C.



RESTAURANT

CAYMANAS GOLF AND COUNTRY CLUB

P.O. Box 61 Spanish Town,

St. Catherine, Jamaica W.I.

746-9000, 746-9772-3

events@caymanasgolf.com

www.caymanasgolf.com



Premium Quality  
Premium Quality

Food and beverages

# Menu

## Breakfast Menu

### JAMAICAN BREAKFAST SPECIAL

Ackee & Salt Fish/Mackerel Rundown/Callaloo w/Salt Fish/Liver

Available daily, ask attendant for the selection of the day

Served with assorted Jamaican starches, orange juice/coffee

### JAMAICAN BREAKFAST SPECIAL

CORNED PORK

Served with assorted Jamaican starches, orange juice/coffee

### 2 EGGS – Any Style

Fried, Sunny-Side-Up or Easy Over, Hard or Soft Boiled, Scrambled

Served with Toast or Fried Bammy, Lettuce & Tomato

Side orders: Ham or Bacon

### OMELETTES

Plain: 2 Eggs with Cheese & Tomato

Served with Toast or Fried Bammy, Garnished with Lettuce & Tomato

Additional fillings: Ham or Bacon

### COFFEE/TEA/JUICE

Percolated Coffee

Instant Coffee

Tea

Orange Juice/Fruit Punch

SOUP OF THE DAY  
(served with fresh rolls and butter)

## Main Course

Served with Plain Rice/Rice & Peas,  
Vegetables & Fried Plantain

CURRIED CHICKEN  
FRICASSEE OR FRIED CHICKEN  
STEWED PEAS  
STEWED BEEF  
CURRIED GOAT & ROTI

### FILLET O' FISH – OCEAN SNAPPER

Deep fried in light batter with Tartar Sauce or Pepper Vinegar Sauce

Served with Fries or Bammy, Lettuce & Tomato

**Steamed in Curry Coconut Sauce or Plain with Steamed Vegetables**

Served with Bammy or Rice, Lettuce & Tomato

### BRAISED OXTAIL & BEANS

Cooked with Jamaican spices in a hearty gravy and served with Steamed Rice/Rice & Peas, Vegetables, Fried Plantain, Lettuce & Tomato

### SHRIMP – GARLIC OR CURRIED

Served with Sautéed Vegetables on a bed of Plain Rice or Baked Potato  
with Fried Plantain & Small Salad

### GRILLED (12OZ) FILLET STEAK WITH SAUTÉED ONIONS

Served with Fries or Baked Potato and a Side Salad

### BARBECUED SPARE RIBS (as available)

Served with Fries or Baked Potato and Side Salad

### CHICKEN NUGGETS

Deep Fried served with a Tangy Homemade Sauce

### CHICKEN WINGS

Deep Fried Served with a Tangy Homemade Sauce

### BAKED CRAB BACKS

Two Baked Crab Backs served with Garlic Bread, Lettuce, Tomato

### CHICKEN OR SHRIMP PASTA

## Sandwiches & Burgers

CLUB SANDWICHES

CLUB SUPREME

HAMBURGER

FISH BURGER

GRILLED STEAK SANDWICH

## Salads

CAYMANAS CAESAR SALAD

SMOKED MARLIN SALAD

CHICKEN SALAD

"PICK-UP" SALT FISH

## Sides

FRIES

BAMMY (STEAMED/FRIED)

POTATO SALAD

PLANTAIN

MASHED POTATOES

RICE & PEAS/PLAIN RICE

## Dessert

DESSERT – BREAD PUDDING,  
CARROT CAKE, OTHER

